



ENGLAND HOCKEY  
**SINGLE SYSTEM**  
ONE VISION ONE SYSTEM

The Single System is the development pathway for players, coaches and officials of all ages and abilities to reach their full potential.



WHAT IS A CENTRE?

- o There are three levels of centre, Junior Development Centres (JDCs), Junior Academy Centres (JACs) and Junior Regional Performance Centres (JRPCs), each of which feeds players to the next level.
- o Centres are where players can go to improve their hockey and potentially progress to the next level on the player pathway.
- o Centres do not replace club and school activity, they run alongside these activities to allow players to access more hockey development opportunities.



WHAT HAPPENS AT A CENTRE?

- o Centres provide regular training sessions with quality coaching on core skills followed by a competition phase where they will play against other centres, at the same level.

WHEN DO CENTRES RUN?

- o Centres run on two cycles per year following the diagram below, all centres run as per the dates on the centralised calendar (which can be found on [www.Englandhockey.co.uk](http://www.Englandhockey.co.uk)) to avoid clashes with other hockey activity.

THE SINGLE SYSTEM



ENGLAND HOCKEY

FIND OUT HOW TO JOIN THE SINGLE SYSTEM

[Englandhockey.co.uk/singlesystem](http://Englandhockey.co.uk/singlesystem)  
[single-system@Englandhockey.co.uk](mailto:single-system@Englandhockey.co.uk)



WHERE DO CENTRES RUN?

- o The number of centres depends on the level of activity, there are approximately 120 JDCs, 45 JACs, and 12 JRPCs.
- o Players should attend the closest centre to where they live (or in the case of boarding pupils, where they attend school), which may be in a neighbouring county.
- o Information about centre locations is available from your England Hockey Board (EHB) Regional Office and at [www.Englandhockey.co.uk/singlesystem](http://www.Englandhockey.co.uk/singlesystem)



WHO ORGANISES CENTRES?

- o Centres are organised by local hockey associations with guidance being given by EHB as to the running of centres at all levels.
- o JDCs and JACs are organised by County Hockey Associations and JRPCs by Regional Hockey Associations who appoint administrators/coaches/managers/welfare officers to organise and run activity.
- o A fee will be charged for players to attend training sessions/competitions.

in2HOCKEY TAKE IT TO THE NEXT LEVEL



CLUB AND SCHOOL ACTIVITY

J	F	M	A	M	J	J	A	S	O	N	D
Preparation	Competition	Rest	Preparation	Competition	Rest						
JAC					JDC & JRPC						





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**JUNIOR  
 DEVELOPMENT  
 CENTRES**

JDCs are the next step on the player pathway after school/club hockey. There are approximately 120 JDCs across the country. Players are nominated to attend JDCs by their teachers/coaches. For more information about JDCs and where they run contact your EHB Regional Office.

Birth Year	2012	2013	2014
1996	U17s		
1997	U16s	U17s	
1998	U15s	U16s	U17s
1999	U14s	U15s	U16s
2000	U13s	U14s	U15s
2001		U13s	U14s
2002			U13s

**JUNIOR  
 ACADEMY  
 CENTRES**

JACs are the next step after JDCs on the player pathway. There are approximately 45 JACs across the country. Players are nominated to attend by their JDC coaches. For more information about JACs, ask your JDC administrator.

Birth Year	2012	2013	2014
1996	U17s		
1997	U16s	U17s	
1998	U15s	U16s	U17s
1999	U14s	U15s	U16s
2000	U13s	U14s	U15s
2001		U13s	U14s
2002			U13s

JRPCs (Tier 1) are the next step after JACs on the player pathway. There are 12 JRPCs across the country, which form 4 cluster teams; Mercia Lynx, Pennine Pumas, Saxon Tigers and Wessex Leopards. JRPC Tier 1 culminates in 2 Cluster Days where 3 JRPCs come together to play matches against each other in a cluster group.

Birth Year	2012	2013	2014
1995	U18s		
1996	U17s	U18s	
1997	U16s	U17s	U18s
1998	U15s	U16s	U17s
1999		U15s	U16s
2000			U15s

**JUNIOR  
 REGIONAL  
 PERFORMANCE  
 CENTRES**

Players are nominated for JRPC Tier 2 from JRPC Tier 1 Cluster Days. JRPC Tier 2 consists of High Performance Assessment Camps (HiPACs) for U15s/ U17s and England Hockey Board Futures Cup for U16s/U18s. The U16 and U18 National Age Group squads are selected from JRPC Tier 2.

- North ☎ 0113 274 0083  
 ✉ north@englandhockey.co.uk
- Midlands ☎ 01509 228676  
 ✉ midlands@englandhockey.co.uk
- East ☎ 01284 729354  
 ✉ east@englandhockey.co.uk
- South ☎ 01628 897503  
 ✉ south@englandhockey.co.uk
- West ☎ 01392 264031  
 ✉ west@englandhockey.co.uk